



## CONTINUING EDUCATION FOR OSTEOPATHIC PRACTITIONERS

### **HOLISTIC APPROACH TO PEDIATRICS - MANIPULATIVE CONSIDERATIONS FOR THE PEDIATRIC PATIENT, Saturday-Sunday August 29-30<sup>th</sup>**

**IS YOUR BABY COLICKY, CONSTIPATED, NOT FEEDING OR SLEEPING WELL,  
EXPERIENCING REFLUX, OR HAVING RECURRENT INFECTIONS?**

**SHOULD TORTICOLLIS AND PLAGIOCEPHALY BE OF CONCERN DURING  
EARLY INFANCY?**

**\*IF YOU ARE INTERESTED IN PEDIATRIC MANAGEMENT, THEN DO NOT  
MISS THIS OPPORTUNITY TO ATTEND**

**School of Structural Therapy, Instructors:**

**Sandhya Jain, RPT, M.OMSc. & Mohit Khosla, M.OMSc.**

**Course Synopsis:** *An in-depth look and exploration into structure-function relationships correlating relevant anatomy and physiology related to the above questions. Specific focus on spinal curves, autonomies, and diaphragms with correlation to allopathic medical diagnoses. Full colour course manuals included with detailed photos and technique descriptions.*

**Fee: \$275 plus HST.** Payment via PayPal.

**Date:** Saturday-Sunday August 29-30<sup>th</sup>, 2020

**Location:** Burlington Convention Centre (Rosewood Hall) – 1120 Burloak Dr., Burlington ON, L7L 6P8

**CEUs:**

- Ontario Osteopathic Association (OOA) Approved for 6 Group I credits

**Registration:** To register, please contact the School of Structural Therapy by email: [info@sstherapy.ca](mailto:info@sstherapy.ca) with your full name, primary contact phone number, and preferred mailing address

**Prerequisite:** Must be a practicing osteopathic practitioner with licensure in good professional standing



***Mohit Khosla, M.OMSc.***

Mohit first studied at the University of Ottawa where he completed his Bachelor of Science degree in Biology. Thereafter, he furthered his interests in health sciences and completed his Bachelor of Exercise & Sport Science degree in Athletic Therapy at the University of Manitoba. As a former Certified Athletic Therapist and Strength and Conditioning Specialist, he then became interested in Osteopathy and osteopathic philosophy.

As a graduate of the Canadian Academy of Osteopathy in both the Osteopathic Manipulative Sciences and Osteopathic Manipulative Theory & Practice, Mohit's osteopathic vision aims at providing exemplary clinical results that are second-to-none, accompanied by a high quality of professionalism. With a passion for continuing education and a dynamic learning environment, Mohit enjoys both a full-time clinical practice and part-time teaching. Following his academic training, he fulfilled the requirements of the Professor Training Program through his alma mater, the Canadian Academy of Osteopathy. Mohit continues to take great interest in osteopathic literature and applies this to his understanding of the unique complexity of the human body.

In his clinical practice, Mohit works closely with community physicians where he correlates his patients' structural findings to their medical diagnosis. This is determined by a thorough understanding of the interrelationship between the structure and function of the body.

In collaboration with a dynamic team of health professionals within his clinical facility, they provide highly specialized patient care for all of the following: treatment for musculoskeletal pain and dysfunction including bone, muscle, nerve, and joint Injury, and management of internal ailments relating to digestive issues, cardio-respiratory conditions, and neurologic disorders.



***Sandhya Jain, RPT, M.OMSc.***

Sandhya (aka Sun) obtained her Master of Osteopathic Manipulative Sciences designation from the Canadian Academy of Osteopathy (CAO) in Hamilton (2012). Prior to becoming an Osteopathic Practitioner, she completed her Physical Therapy degree at the University of Toronto (2000) and worked in the departments of Neurology & Orthopedics, with special expertise in Pediatrics. Her undergraduate studies in Neuroscience was a telling choice, displaying her interest in understanding the intricacies of the human body's inner workings.

As a Physiotherapist, Sandhya has specialized training in Neuro-Developmental Technique, Cuevas MEDEK Exercises, along with Cupping Therapy. Though loving her career as a Physiotherapist, Sandhya experienced a health crisis and only the osteopathic process provided the most significant change to her state of health. Her undying passion and love of problem-solving earned Sandhya many accolades on case study presentations. The process of training in Classical Osteopathy has transformed her, both personally and professionally.

Sandhya believes that achieving health is a team approach and that everyone's journey follows a unique and individual path. As part of a multidisciplinary team, they approach every patient challenge with a 'root cause' philosophy, bringing their patients closer to sustainable health.